

## Belle Plaine School Year; COVID-19 Guidance 21/22

**\*We will continue mitigation efforts to decrease the chance of Covid-19 virus spread in our school district this year (hand-washing, hand-sanitizing, increased cleaning of critical touch points). Face coverings (masks or shields) are optional, but encouraged.**

**High Risk Symptoms: new cough, shortness of breath, new loss of taste or smell**

**Low Risk Symptoms: fever (100.3 or greater), headache, muscle and body aches, fatigue, sore throat, runny nose, congestion, nausea, vomiting, diarrhea**

*\*Students should stay home when sick. Students should consider seeking Covid testing from his/her healthcare provider or other testing services (ex: pharmacies) if symptomatic. If a student is symptomatic at school, but is fever free, parent(s) will be notified and encouraged to seek guidance from their healthcare provider.*

*\*Students with fever of > or = 100.3 will be sent home. Students may return to school after they have been fever free for 24 hours WITHOUT the use of fever reducing medication.*

**Covid Positive: → If your student has tested positive for Covid 19, he/she may return to normal activities **AFTER:****

- 1) 10 days have passed since symptoms first appeared, **AND**
- 2) **24 hours** of being fever free WITHOUT the use of fever reducing medications, **AND**
- 3) Symptoms have improved

*\*(Loss of taste and/or smell may persist for weeks/months after recovery and individuals need not delay the end of isolation, once 10 days have passed since symptom onset or positive test date)*

- 4) **SIBLINGS:** Siblings living in the same household as a positive individual are encouraged to (but not required to) quarantine. Please monitor for symptoms. If symptoms of Covid-19 develop, please seek testing and/or guidance from your healthcare provider.

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